

## Saalbelegung TSZ Delmenhorst

**Achtung!!!!**  
Sonderbelegung hat Vorrang

Zeit	Mo				Zeit	Di			Zeit	Mi		
	Saal 1	Saal 2	Saal 3	Saal 4		Saal 1	Saal 2	Saal 3		Saal 1	Saal 2	Saal 3
09:00					09:00				09:00			
09:30					09:30				09:30			
10:00			Yoga		10:00				10:00			
10:30			VHS		10:30				10:30			
11:00			10:00-11:30		11:00				11:00			
11:30					11:30				11:30			
12:00					12:00				12:00			
12:30					12:30				12:30			
13:00					13:00				13:00			
13:30					13:30				13:30			
14:00					14:00				14:00			
14:30					14:30				14:30	Freies		
15:00					15:00				15:00	Training		
15:30					15:30				15:30			
16:00					16:00				16:00			
16:30	Freies				16:30	Freies	Hip-Hop (LS)		16:30			
17:00	Training				17:00	Training	8 - 11 Jahre	Zumba Kids	16:30		Hip-Hop (BS)	
17:30			Ballett	Breakdance	17:30		16:00-17:30	Daniela	17:00		6 - 11 Jahre	
18:00		Latein solo	Böttger	Ramon	18:00		12 - ? Jahre		17:30		16:30-17:30	
18:30		Emi	17:45-18:45	17:30-19:00	18:30		17:30-19:00		18:00		12 - ? Jahre	Ballett
19:00		18:00-19:00	Zumba		19:00		Dana		18:30		17:30-18:30	Böttger
19:30			Daniela		19:30			Ballett	19:00	Breitensport	leenyung	17:45-18:45
20:00			19:00-20:00		20:00			Böttger	19:30	Bonk		
20:30					20:30			19:00-20:30	20:00	19:00-20:00		
21:00					21:00				20:30			
21:30					21:30				21:00			
22:00					22:00				21:30			
									22:00			

LS = Leistungssport

BS = Breitensport

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Sonderbelegung hat Vorrang

Zeit	Do				Zeit	Fr			Zeit	Sa			Zeit	So				
	Saal 1	Saal 2	Saal 3	Saal 4		Saal 1	Saal 2	Saal 3		Saal 1	Saal 2	Saal 3		Saal 1	Saal 2	Saal 3		
09:00					09:00				09:00				09:00					
09:30			Yoga		09:30				09:30				09:30					
10:00			VHS		10:00				10:00				10:00					
10:30			09:30-11:00		10:30				10:30				10:30					
11:00	Freies Training				11:00	Freies Training			11:00	Freies Training			11:00	Freies Training				
11:30					11:30				11:30						11:30			
12:00					12:00				12:00						12:00			
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15:00					15:00				15:00						15:00			
15:30					15:30				15:30						15:30			
16:00			RSG DEL		16:00	Freies Training			16:00	Grp.training. n. Absprache A. Stölting			16:00	Freies Training				
16:30			RehaSport		16:30				16:30				16:30					
17:00			16:00-19:00		17:00				17:00				17:00					
17:30					17:30				17:30				17:30					
18:00	Std Training				18:00				18:00				18:00	Breitensport				
18:30	18:00-19:00				18:30				18:30				18:30	Kevin&Tanja				
19:00	Endrundentraining		Latein	Zumba	19:00		Freies Grp-		19:00	Freies Training			19:00	18:00-19:00				
19:30	Standard & Latein		Emi	19:15-20:15	19:30		Training		19:30				19:30					
20:00	Kevin & Tanja		19:00-20:00	Entfällt bis	20:00		19:00-20:00		20:00				20:00					
20:30	19:00-21:00			auf weiteres	20:30				20:30				20:30					
21:00					21:00				21:00				21:00					
21:30					21:30				21:30				21:30					
22:00					22:00				22:00				22:00					